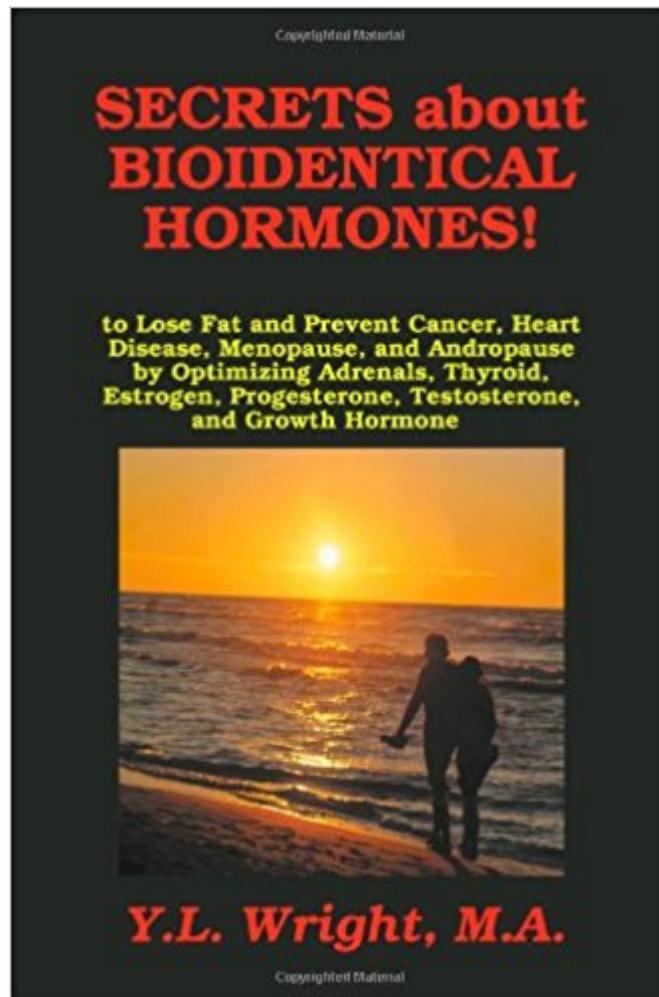


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# **Secrets About Bioidentical Hormones To Lose Fat And Prevent Cancer, Heart Disease, Menopause, And Andropause, By Optimizing Adrenals, Thyroid, Estrogen, Progesterone, Testosterone, And Growth Hormone!**





## Synopsis

SECRETS ABOUT BIOIDENTICAL HORMONES to Lose Fat and Prevent Cancer, Heart Disease, Menopause, and Andropause by Optimizing Adrenals, Thyroid, Estrogen, Progesterone, Testosterone, and Growth Hormone READ THIS BOOK AND DISCOVER GROUNDBREAKING SCIENTIFIC SECRETS ABOUT BIOIDENTICAL HORMONES THAT ARE COMPLETELY UNKNOWN TO MOST PEOPLE, INCLUDING MOST PHYSICIANS. SECRETS ABOUT BIOIDENTICAL HORMONES is a comprehensive reference manual that will teach you how to stay healthy as you age by using lifestyle changes, supplements, and bioidentical hormone replacement therapy (BHRT). Trust me -- I've been in menopause, and it was not fun. It wasn't just hot flashes.Â I experienced a total collapse of my health.Â As my ovaries stopped producing vital hormones, every system in my body rebelled.Â I had every symptom of menopause -- including loss of sex drive, depression, weight gain, cataracts, breaking bones -- you name it.Â I was even diagnosed with a serious heart condition and a deadly skin cancer. I finally collapsed into utter exhaustion, unable to do much of anything for months at a time. I felt hopeless, angry, and confused. Luckily, I got a second chance at leading a healthy life. I decided that I had to pull myself out of the severe health slump that befallen me. I started looking for answers. In my search for answers, I discovered that: My health problems were primarily caused by my hormones. My doctors knew little to nothing about helping me to heal my hormones. Following their advice and taking their toxic prescriptions would only make me sicker. The information that I needed to heal my hormones and overcome my health problems was not in books or on the internet. Instead, I turned to the experts. I began years of intense study with the smartest bioidentical hormone replacement experts on the planet. I developed a plan to heal my hormones and completely regain my health. I followed my plan. It worked. And now I want to help you do the same. After all, deciding to use bioidentical hormones is a decision that you make because you have a vision of a healthier life. It's your chance to take control of your health and your life. Read this comprehensive hormone book and learn how to optimize your own hormone levels SAFELY with bioidentical hormone replacement therapy (BHRT) so that you can live a long life, full of health and vigor. Learn how to balance your hormones and feel young and healthy at any age. Reduce your risk of getting cancer and heart disease. Learn how to overcome fatigue, exhaustion, and other symptoms of hormone imbalances. See how hormone balance deteriorates in perimenopause (in the years leading up to menopause) and in menopause (when the menstrual periods have ceased). Explore the different forms of estrogen and learn about the safest and most effective ways that they may be used to treat menopause. Discover how to treat andropause (male menopause) and erectile dysfunction. Explore

different testosterone replacement methods. Discover how to optimize the functioning of your thyroid and adrenals. Learn how to improve your diet and digestion to lose weight and prevent and reverse metabolic syndrome and type-2 diabetes. Take a peek at using the pregnancy hormone, hCG, to lose weight. Get the scoop on Growth Hormone. Discover how to prevent and reverse osteoporosis. See how you can boost your immune system so that you can overcome diseases and not fall prey to germs that make you sick. Learn about a hormone that can help you have more and better orgasms. Discover why it is so difficult for women, but not men, to get bioidentical hormones. Learn how to choose a physician who will help you and not hurt you. Secrets about Bioidentical Hormones will show you how to create the kind of lifelong health that will allow you to look great, feel great, lose weight, and have better sex! Begin reading this groundbreaking hormone book today.

## **Book Information**

Paperback: 122 pages

Publisher: lulu.com (December 18, 2010)

Language: English

ISBN-10: 0557864321

ISBN-13: 978-0557864324

Product Dimensions: 6 x 0.3 x 9 inches

Shipping Weight: 8.5 ounces (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 stars 25 customer reviews

Best Sellers Rank: #1,478,663 in Books (See Top 100 in Books) #87 in Books > Health, Fitness & Dieting > Women's Health > Menopause #271 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Thyroid Conditions #692 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Heart Disease

## **Customer Reviews**

Secrets About Bioidentical Hormones! is the first book in the "Bioidentical Hormones" series. These books may be read separately. But they are best read as a series to gain a more complete understanding of bioidentical hormones. For more information about your hormones and the "Bioidentical Hormones" book series, please go to DrHormone.org.

Dear Readers, Thanks so much to all of you for your overwhelming support! Thank you for buying and reading "Secrets About Bioidentical Hormones" and telling your friends about the book.

Thanks to you, the book is flying like greased lightning off bookstore shelves all over the world and spreading like wildfire to Kindles everywhere.Â Thank you for allowing me to share all of this important information with you."Secrets About Bioidentical Hormones" is the result of years of grueling work. I organized, summarized, and translated into understandable language the latest research about bioidentical hormones.Â It is gratifying to know that the hard work is paying off in helping so many of you to understand and balance your hormones.Â With all of you helping, we are getting the word out about how to flourish, even at advancing ages in a polluted world.Â Please encourage others to read this book by writing a review here on .Â We can all make this world a better place to live by helping each other out in every way that we can.Â Thanks for helping to get the word out about how to thrive as we age in a world where our air, water, and food is often polluted with chemicals that disrupt our hormones. Thanks again to all of you!Abundant love and health to all,Y. L. Wright

Though I learned some things in here, it went a bit deeper than I had wanted. Overall very informative if you know nothing about bio identical hormones. It also explains a lot about menopause and the help the bioidentical hormones can be.I'd recommend it to any woman who needs hormone treatment or has a hormone imbalance. You can learn a lot about the importance of the natural with no side effects, opposed to the synthetics with major ones. It explains the great benefits men and women can get more naturally.

I learned a lot from this book, I got the audioÃ¢Â¢ book and the kindle version.

This book has been more helpful to me than any book I've read. It has given me insights to my health in the most comprehensive and concise way. It is definitely the missing link that I needed. I cannot wait to apply my new knowledge and get healthy again!!!! Thank you to the authors!!!

This book is a great read for anyone having hormonal problems. This book describes all the hormones, testing, etc that you need! I am going to read it for a second time and review it. I think it is a must for all us ladies near the menopause or past the menopause age. Lots of great information is contained in this book and I recommend it!

This has been my goto book for learning about hormones and bio-identicals. I have purchased 3 more of their books as well, one about HCG Diet, One about Human Growth Hormone and another

one about Hormones and I would highly recommend all 4 books. Very easy to read and understand.

Learned so much. Easy to read.

This is a good reference book for understanding bioidentical hormones and their importance in maintaining our health without any hype. Also there is no advertising for products we should be buying.

I think this book has more up to date information than other books I have read and the author appears to have researched well!!!! I have made my appointment with a Bioidentical Hormone specialist and I am looking forward to a good experience for better me!!!

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A Guide For Using The Thyroid Diet to Manage Thyroid Symptoms, Increase Metabolism and Lose Weight (dietfing, weight loss, thyroid, hyperthyroidism, ... hyperthyroidism diet, thyroid diet plan,) Outsmart Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17 (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention) Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer,Coping With Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung ... Cure,Prostate Cancer,Cancer Prevention) Alternative Cancer Therapies (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) (Alternative Medicine Book 1) Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) Hormone Diet: The Hormone Reset Diet, Balance Hormones, Recharging Health and Losing Weight Effortlessly! BONUS Hormone Reset Diet Recipes! (adrenal fatigue diet, adrenal fatigue, Program 120 Male Handbook B: A Referenced Guide to Testosterone, Thyroid, HGH Human Growth Hormone, High Blood Pressure, Hypertension, Impotence, Osteoporosis, ... Medicine Patient Handbooks for Males) Hormones, Health, and Happiness: A Natural Medical Formula for Rediscovering Youth with Bioidentical Hormones Cancer: Taboo Cancer Cures 6 Impressive and Secret Cancer Cures that Most People do not know about (Cancer, Cancer Cures, Yoga, Cancer Treatments, Cancer Medicine, Cancer Patient Book 1) Herbal Remedies: Adaptogens: Herbs For - Adrenals, Thyroid, Hormone Balance & Much More!

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